

## WEEK 3



Choose from...

Main

Vegetarian

Combo

...and to finish!

Bread and Salad will be available at Lunch Times

MONDAY

Chinese Chicken

to go with

Green Beans, Lime & Coriander Rice

Mexican Bean Wrap

to go with

Green Beans, Lime & Coriander Rice

**Jacket Potato** 

to go with

Peas

with choice of fillings

Baked Beans, Grated Cheese, Tuna Mayo

Pasta

to go with

Peas

with choice of fillings

Homemade Tomato & Basil Sauce

Syrup Sponge

Fresh Fruit Bar, Yoghurt, Cheese and Biscuits TUESDAY

**Beef Burger** 

to go with

Coleslaw, Potato Wedges

Pea, Sweet Potato & Corn Croquette

to go with

Coleslaw, Potato Wedges

**Jacket Potato** 

to go with Cauliflower

with choice of fillings

with choice of fillings

Baked Beans, Grated Cheese, Tuna Mayo

Wrap

to go with

Cauliflower, Sunshine Rice

with choice of fillings

Grated Cheese, Ham Salad, Tuna Mayo

Fresh Fruit Salad

Fresh Fruit Bar, Yoghurt, Jelly WEDNESDAY

**Roast Gammon** 

to go with

Carrots, Roast Potatoes, Gravy, Braised Leeks & Peas

Macaroni Cheese

to go with

Carrots, Gravy, Braised Leeks & Peas

**Jacket Potato** 

to go with Broccoli, Carrots

with choice of fillings

Baked Beans, Grated Cheese, Tuna Mayo

Pasta

to go with
Broccoli, Carrots

with choice of fillings

Homemade Tomato & Basil Sauce

Raspberry Mousse with a Vanilla Biscuit

Fresh Fruit Bar, Yoghurt, Cheese and Biscuits THURSDAY

Chicken Biryani

to go with

Mixed Rice, Peas

Thai Quorn Curry

to go with

Mixed Rice, Peas

Jacket Potato

to go with

Sweetcorn

with choice of fillings

Baked Beans, Grated Cheese, Beef Bolognese, Tuna Mayo

Wrap

to go with
Mixed Rice, Sweetcorn

with choice of fillings

Grated Cheese, Ham Salad, Tuna Mayo

Strawberry Jelly

Fresh Fruit Bar, Yoghurt, Jelly FRIDAY

Cod in Batter

to go with

Baked Beans, Chips, Peas

Homemade Vegetable Burger

to go with

Baked Beans, Chips, Peas

**Jacket Potato** 

to go with

Peas

with choice of fillings

Baked Beans, Grated Cheese, Tuna Mayo

Pasta

to go with Peas

with choice of fillings

Homemade Tomato & Basil Sauce

Fruit Flapjack

Fresh Fruit Bar, Yoghurt, Cheese and Biscuits

 ${\bf Please\ speak\ to\ a\ member\ of\ the\ Catering\ Team\ or\ view\ relishs chool food. co.uk\ for\ Allergen\ Information}$